

Cyflwyniad i ofal
cymdeithasol

Introduction
to social care



Social Care Useful links and resources



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This document provides you with information to support you or your students to learn about social care in Wales.

To access the links to each section please double click on the title of the subject and it will take you to further information. These are found after the contents page. Contents page titles are not links.

This is a live document. To remain up to date please do not download or print.

We are not responsible for resources produced by other organisations but have carefully selected some external sources of information.

If you have any questions please contact:
introductiontosocialcare@socialcare.wales

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What is social care?

- [WeCare Wales](#)
- [Social Care Wales](#)
- [What is social care and how does it work in Wales?](#)
- [Welsh Government: A healthier Wales video](#)
- [Welsh Government: your well-being](#)

Students social care resources:

- WeCare Wales: [A students guide to social care in Wales](#)
- [A question of care](#)

A career in care

- [WeCare Wales: career cards](#)
- [WeCare Wales: roles](#)
- [Social Care Wales: qualification framework](#)
- [Early years career pathways](#)

Rights

- [Social Care Wales: Rights](#)
- [Human Rights: Citizens advice](#)

- [UNICEF: United Nations Convention on the Rights of the Child](#)
- [UK Government: Children's rights](#)
- Children's Commissioner for Wales:
 - [video resources explaining children's rights](#)
 - [A children's rights approach to social care in Wales](#)
 - [resources for professionals](#)
- [Care Inspectorate Wales: A rights based approach to social care inspection in Wales](#)
- [NSPCC: Children and the law](#)

- [Older People's Commissioner for Wales; Rights](#)
- [Welsh Government: Older People's Right to Care and Support](#)

Qualities and values

- [Social Care Wales: person centred values](#)
- [NHS: 6 C's of care](#)
- [Social Care Wales: values and principles in dementia care](#)

Mental capacity

- [Social Care Wales: Mental capacity](#)

Social care data in Wales

- [National Social Care Data Portal for Wales](#)

Social Services and Well-being (Wales) Act 2014

- [Social Services & Well-being \(Wales\) Act 2014: easy read](#)
- [Social Services & Well-being \(Wales\) Act 2014: video](#)
- [Social Care Wales: what matters](#)
- [AgeCymru: Supporting good mental health](#)
- [Alzheimers UK: this is me](#)

Code of Professional Practice

- [Code of Professional Practice: easy read](#)
- [Social Care Wales: Code of Professional Practice guidance](#)
- [Code of Professional Practice: video](#)

Equality, diversity and inclusion

- [HIW/CIW: Equality, diversity and inclusion](#)
- [Social Care Wales: Equality plan](#)
- [Age UK: safe to be me](#)
- [Equality Act: easy read](#)
- [Welsh Government: Anti racist Wales action plan. Young peoples version](#)

Social Care Regulators in Wales

- [Social care regulation: young persons guide](#)
- **[Social Care Wales](#)**
 - [Social Care Wales: Regulation and inspection](#)
 - [Social Care Wales : Registration](#)
- **[Care Inspectorate Wales](#)**

Communication

- [Social Care Wales communication methods](#)
- [Autism Wales](#)

Strengths based approach (including outcome focused care)

- [Social Care Wales: strengths based approach](#)
- [Social Care Wales: understanding an outcomes approach](#)
- [NICE guidelines](#)

Welsh language (Active Offer)

- [WeCare Wales: learn Welsh- More than just words](#)
- [Assessing Welsh language skills in social care](#)
- [Welsh Language Commissioner](#)
- [Active Offer](#)
- [More than just words: Welsh language plan in health and social care](#)
- [Using Welsh at work](#)
- [Welsh course for social care workers](#)
- [WeCare Welsh language fact sheet for schools](#)
- [WeCare Wales: Welsh language active offer by care worker](#)
- [Social Care Wales: Language, dignity and care](#)
- [Welsh language home from home video](#)

Safeguarding

- [Social Care Wales: safeguarding resources](#)
- [North Wales Safeguarding Board: video](#)
- [Safeguarding App](#)

Active participation/Promoting independence

- [Social Care Institute for Excellence: promoting independence](#)
- [Social Care Wales: leaving residential child care and independent living](#)
- [National Institute for Health and Care Excellence: promoting independence through intermediate care](#)
- WeCare Wales: [Oliver's story](#)

Multi-agency approach

- Vale of Glamorgan: [multi-agency working video](#)

Personal resilience and well-being

- [NHS: 5 Ways to well-being](#)
- [Social Care Wales: your health and well-being](#)
- [Welsh Government: your well-being](#)
- [Well-Being of Future Generations Act 2015 video](#)
- [Well-being of Future Generations \(Wales\) Act 2015: the essentials](#)
- [Natural Resources Wales :What is Health and Well-being?](#)
- [Age Cymru: Good mental health in care homes](#)
- [Dewis Cymru](#)

Confidentiality

- SCIE: sharing information
- SCIE: dignity in care video

Consent

- Social Care Wales: capacity to consent
- All Wales Safeguarding procedures: consent of an adult at risk

Capacity

- NSPCC: gillick competence fraser guidelines
- Deprivation of Liberty Safeguards (DoLS)

Infection control

- Social Care Wales: infection prevention and control

Volunteering

- [WeCare Wales: volunteering](#)
- [Volunteering in Wales: video](#)
- [understanding-the-role-of-volunteering-in-social-care](#)
- [Volunteering Wales: find a volunteering opportunity](#)
- [Wales Council for voluntary action data hub](#)
- [Alzheimer's Society: volunteering](#)
- [Careers Wales: support finder](#)

Dementia

- [Home from Home Social Care Wales: dementia](#)
- [Social Care Wales: improving care and support for people with dementia](#)
- [Alzheimer's Society: types of dementia](#)
- [How does a person with dementia see the world: video](#)
- [Dementia friends bookcase analogy: video](#)
- [Alzheimer's Society: this is me](#)
- [Pet therapy: dementia](#)

DBS

- [DBS Guidelines](#)
- [Unlock: criminal record advice and support](#)
- [Nacro: criminal record advice and support](#)

Into work support

- [Business Wales](#)
- [Working Wales: young person's guarantee apprenticeships find support](#)
- [Re-act: funding for training after redundancy](#)
- [Reasonable adjustments](#)
- [Disability Advice Project Wales](#)
- [All Wales Induction Framework \(AWIF\) Social Care](#)
- [Social Care Wales: registration](#)
- [Exploring adult social care careers: Gwent](#)

Social Care Wales e learning modules

Social Care Wales resources for Early years, Childcare and Social Care

- Group A safeguarding training
- The Code of Professional Practice
- Social Services and Well-being Act
- Introduction (Level 0) infection prevention and control
- Basic (Level 1) infection prevention and control
- Sound (Level 2) infection prevention and control
- Strengths based practice
- Strengths based practice case recording
- Personal well-being when working in the sector
- Well-being in the workplace

- Rights and responsibilities
- Legislation for a rights based approach (adults)
- Legislation of a rights based approach (children/young people)

- Welsh language and culture (adults)
- Welsh language and culture (children and young people)

- Principles and values early years and childcare (Part 1)
- Principles and values early years and childcare (Part 2)

WeCare Wales training

Find out more here

- Introduction to social care (18plus)
- Introduction to social care (16plus via Further education centres)
- Introduction to childcare (16 plus)

Further e learning and information

[Social Care Wales insights collective](#)

[Autism Wales: elearning modules](#)
[Webinars](#)

[Minded: mental health/young people self-directed online training](#)

[Open University: open learn Wales free courses](#)

[Open University: open learn free courses](#)

[Exploring a career in Adult Social Care \(Wales\)](#)

[Insights collection evidence summaries](#)
[Social Care Wales](#)

For further regional information and support including Ambassadors and placements

North Wales – Lynn McKinlay
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Powys – Emily Rippin
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West Wales – Leanne McFarland
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West Glamorgan – Sarah Taylor
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Cardiff & Vale – Joseph Brookes
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Gwent – Chris Hooper/ Hannah Ross
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Hanna.Ross@torfaen.gov.uk (placements)

Cwm Taf Morgannwg – Gwawr Williams
gwawr.williams@rctcbc.gov.uk

Please share this QR code or link with other teachers who would like to be updated on future resources



or click to [sign up](#) here

We hope you found this resource list useful

To ensure you always have the most up to date information, please don't download or print this document.

Thank you

www.WeCare.wales

contact@wecare.wales

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Instagram: @GofalwnCymruCares

Facebook: @WeCareWales